



Allergy Menu Disclaimer

****PLEASE READ****

At Applewood Farmhouse Restaurant, we recognize the need for our guests to have access to food allergen information. These recommendations were devised with the most current information from our suppliers and with our most updated recipes and food preparation practices considered. The suggested menu items listed on these pages do not directly contain the specified allergen, **but they may have been manufactured on equipment which also manufactures any given allergen.**

During normal cooking/kitchen procedures, these foods may have come into contact with any given allergen on our own shared kitchen equipment and fryer oil.

****Therefore while we provide this guide for the convenience of our guests, we cannot guarantee that any single menu item is completely free of any given allergen.****

In addition, we recommend that guests with food allergens **avoid fried** menu items due to the high degree of likelihood of cross contamination.

(Note: Both apple fritters and fried chicken have their own designated fryers. All other fried items share the same fryer and oil.)

To follow are menus with special recommendations for guests with: Gluten, Dairy, Peanut/ Tree Nut, Egg and Fish/ Shellfish Sensitivities. Thank you for allowing us to serve you in this way.





BREAKFAST



GLUTEN SENSITIVE MENU

Farmhouse Special Breakfast

Two Eggs Cooked to Your Liking, Home-Fried Potatoes
(Omit Gravy, Cinnamon Fried Apples, Biscuit & Apple Fritters.
Substitute with a suggested side.)

Apple Cider Bacon
Smokehouse Sampler
Swaggerty's Sausage Patties
Country Ham with Red Eye Gravy
Sugar Cured Ham
Grilled Pork Loin
Sirloin Breakfast Steak
Two Eggs cooked to order with Two Sides

Farmyard Specials

Farmyard Omelet
Garden Omelet
Country Boy Breakfast Skillet
Ham & Cheese Omelet
Chico's Southwestern Omelet

Kids' Menu

Two Eggs cooked to order with Bacon or Sausage
(omit biscuit)

Sides

Applesauce, Fresh Fruit, Sliced Tomatoes, Home-Fried Potatoes,
Apple Butter

Sides

Sugar Cured Ham, Loaded Home Fried Potatoes, Swaggerty's Sausage Patties,
Apple Cider Bacon, Turkey Sausage Patties





LUNCH

Applewood FARMHOUSE GRILL®

GLUTEN SENSITIVE MENU

Farmhouse Favorites

- Sugar Cured Ham
Grilled Catfish
Hamburger (gluten free bun)
One Pound Hamburger (with gluten free bun)
Roast Turkey (without Stuffing/gravy)
Grilled Apple Julep Chicken Breast
Country Grilled Pork Chops
Applewood Pork Loin (with Apple Relish)
Beef Liver and Onion (no flour)
Chicken Tenders (grilled)
Blackened Salmon

Soups & Salads

- *Gluten free soups are currently unavailable.
Coastal Salad with Plain Chicken (without Teriyaki)
Pecan Chicken Salad with Fruit
Arugula Salad (without parmesan cheese or croutons)

Kids' Menu

- Farm Burger (gluten free bun)
Chicken Tenders (grilled)
Vegetable Platter
Sugar Cured Ham
Dinner Salad (without croutons)

Farmhouse Sides

- Applesauce, Coleslaw, Mashed Potatoes, Sliced Tomatoes,
Fresh Fruit, Corn & Black Bean Salad

Desserts

- Vanilla Bean Ice Cream

Sauces/Dressings

- All Salad Dressings
BBQ Sauce
Red Eye Gravy
Honey Mustard
Mayonnaise
Ketchup
Apple Butter





DINNER



GLUTEN SENSITIVE MENU

Farmhouse Favorites

- | | |
|---|---|
| Beef Liver and Onion <i>(no breading)</i> | Grilled Catfish |
| Roast Turkey <i>(without Stuffing/gravy)</i> | Chicken Tenders <i>(grilled)</i> |
| Grilled Chicken Breast <i>(with Apple Relish)</i> | Country Pork Chops |
| BBQ Bacon & Cheddar Chicken | Sugar Cured Ham |
| Applewood Pork Loin <i>(with Apple Relish)</i> | Blackened Salmon |
| Cowboy Ribeye Steak <i>(with no fried onions)</i> | Grilled Sirloin Steak <i>(with no fried onions)</i> |

Soups & Salads

*Gluten free soups are currently unavailable.

- Coastal Salad with Plain Chicken *(without Teriyaki)*
- Pecan Chicken Salad with Fruit
- Arugula Salad *(without parmesan or croutons)*

Kids' Menu

- Farm Burger *(gluten free bun)*
- Chicken Tenders *(grilled)*
- Vegetable Platter
- Sugar Cured Ham
- Dinner Salad *(without croutons)*

Farmhouse Sides

- Applesauce, Coleslaw, Mashed Potatoes, Sliced Tomatoes,
Fresh Fruit, Corn & Black Bean Salad

Desserts

- Vanilla Bean Ice Cream

Sauces/Dressings

- | | |
|---------------------|--------------|
| All Salad Dressings | Mayonnaise |
| BBQ Sauce | Ketchup |
| Red Eye Gravy | Apple Butter |
| Honey Mustard | |





BREAKFAST



DAIRY SENSITIVE MENU

Farmhouse Special Breakfast

Two Eggs Cooked to Your Liking, Home Fried Potatoes,
Southern Grits, Cinnamon Fried Apples
(omit Sausage Gravy and Southern Style Biscuit)

Served with one of the Following:

Apple Cider Bacon
Swaggerty's Sausage Patties
Smokehouse Sampler
Turkey Sausage Patties
Country Ham & Red Eye Gravy
Sugar Cured Ham
Sirloin Breakfast Steak
Pork Chop-Grilled

Farmyard Specials

Garden Omelet *(without cheese)*
Farmyard Omelet *(without cheese)*
Country Boy Breakfast Skillet *(without cheese)*
Ham & Cheese Omelet *(without cheese)*
Chico's Southwestern Omelet *(without cheese and sour cream)*
Breakfast Burrito *(without cheese and sour cream)*

Suggested Sides

Apple Butter
Applesauce
Cinnamon Fried Apples
Fresh Fruit
Southern Grits
Home Fried Potatoes





LUNCH

Applewood FARMHOUSE GRILL®

DAIRY SENSITIVE MENU

Farmhouse Specials

- Sugar Cured Ham, Applewood Smoked Pork Loin, Roasted Turkey (without stuffing/ gravy), Chicken Fingers (Grilled), Blackened Salmon, Beef Liver & Onions (no breading), Grilled Chicken Breast, Grilled Catfish, Country Grilled Pork Chops, Meatloaf, Vegetable Platter with Cup of Vegetable Soup, BBQ Bacon Chicken (no cheese)

Farmhouse Sandwiches

- LeConte Ground Steak Burger (without cheese), One Pound Burger (without cheese)

Soups & Salads

- Vegetable Soup, White Bean Chicken Chili, Coastal Salad (no cheese), Pecan Chicken Salad with Fruit, Arugula Salad (without parmesan cheese or croutons)

Kids' Menu

- Farm Burger (no cheese), Chicken Fingers (grilled), Vegetable Platter, Sugar Cured Ham, Dinner Salad (without croutons and cheese)

Sides

Sliced Tomatoes, Pinto Beans, Cole Slaw, Applesauce, Fresh Fruit, Green Beans, Turnip Greens, Onion Rings, Corn & Black Bean Salad

Desserts

Sugar Cookie

Sauces/Dressings

Ketchup, Mustard, Tartar, BBQ, Mayo, Balsamic Honey Vinaigrette, Italian, Oil & Vinegar, Teriyaki, Apple Relish, Apple Butter, Lemon Vinaigrette

Breads Hamburger Bun





DINNER



DAIRY SENSITIVE MENU

Farmhouse Specials

- Apple Julep Grilled Chicken
Meatloaf
Sugar Cured Ham
Grilled Pork Chops
Applewood Pork Loin
Beef Liver and Onion (no breading)
Chicken Fingers (grilled)
Grilled Catfish
Blackend Salmon
Grilled Sirloin
Roast Turkey (without Stuffing/gravy)
Vegetable Platter with cup of Vegetable Soup
Cowboy Ribeye Steak (with no fried onions)

Soups & Salads

- Vegetable Soup
Beef Chili
Coastal Salad without Cheese
Pecan Chicken Salad with Fruit
Chicken Salad with Fruit
Arugula Salad (without parmesan cheese or croutons)

Kids' Menu

- Farm Burger (no cheese)
Chicken Fingers (grilled)
Vegetable Platter
Sugar Cured Ham
Dinner Salad (without croutons and cheese)

Sides

Sliced Tomatoes, Pinto Beans, Cole Slaw, Applesauce, Fresh Fruit, Green Beans, Turnip Greens, Onion Rings, Corn & Black Bean Salad

Desserts

Sugar Cookie

Sauces/Dressings

Ketchup, Mustard, Tartar, BBQ, Mayo, Balsamic Honey Vinaigrette, Italian, Oil & Vinegar, Teriyaki, Apple Relish, Apple Butter, Lemon Vinaigrette

Breads Hamburger Bun





BREAKFAST



EGG SENSITIVE MENU

Farmhouse Special Breakfast

Served with Home-Fried Potatoes, Southern Grits,
Sausage Gravy, and Cinnamon Fried Apples

Apple Cider Bacon
Swaggerty's Sausage
Smokehouse Sampler
Sirloin Breakfast Steak
Sugar Cured Ham
Biscuit & Gravy
Smoky Mtn. Biscuit Benedict without Egg
Country Ham
Turkey Sausage Patties

Farmyard Specials

Country Boy Breakfast Skillet (*without egg*)

Sides

Apple Butter, Applesauce, Cinnamon Apples, Fresh Fruit,
Loaded Home Fried Potatoes, Sliced Tomatoes

Side Dishes:

Sugar Cured Ham, 3 Swaggerty's Sausage Patties, 3 Slices of Apple Cider Bacon,
Turkey Sausage Patties, Southern Grits, Homemade Country Sausage Gravy,
Fresh Sliced Tomatoes





LUNCH



EGG SENSITIVE MENU

Farmhouse Favorites

- | | |
|--|--|
| Apple Julep Grilled Chicken | Applewood Pork Loin |
| Sugar Cured Ham | BBQ Bacon & Cheddar Chicken |
| Pork Chops | Beef Liver & Onions (<i>no breading</i>) |
| Chicken Tenders (<i>grilled</i>) | Grilled Catfish (<i>no tartar sauce</i>) |
| Roast Turkey (<i>without Stuffing</i>) | Chicken & Dumplings |

Farmhouse Sandwiches

- LeConte Ground Steak Burger
- One Pound Burger with Cheese
- Apple Julep Grilled Chicken Sandwich

Soups & Salads

- | | |
|--------------------------|--------------------------|
| Vegetable Soup | White Bean Chicken Chili |
| Loaded Baked Potato Soup | Coastal Chicken Salad |

Kids' Menu

- | | |
|-------------------------------------|------------------------------------|
| Mac & Cheese | Chicken & Dumplings |
| Farmburger | Chicken Tenders (<i>grilled</i>) |
| Vegetable Platter | Sugar Cured Ham |
| Dinner Salad (<i>no croutons</i>) | |

Sides

Sliced Tomatoes, Pinto Beans, Applesauce, Apple Relish, Green Beans, Cinnamon Apples, Mashed Potatoes, Dumplings, Turnip Greens, Mac & Cheese, Southern Grits, Corn & Black Bean Salad

Desserts

Vanilla Bean Ice Cream, Apple Cobbler

Breads

Biscuits & Hamburger Bun

Sauces/Dressings

- | | |
|-------------------------------|-------------------|
| Gravy: Country, Beef, Sausage | Teriyaki |
| BBQ Sauce | Oil & Vinegar |
| Balsamic Honey Vinaigrette | Apple Butter |
| Italian Dressing | Lemon Vinaigrette |





DINNER



EGG SENSITIVE MENU

Farmhouse Favorites

- Apple Julep Grilled Chicken
Sugar Cured Ham
Pork Chops
Chicken Tenders (grilled)
Roast Turkey (without Stuffing)
Chicken & Dumplings
Cattleman Sirloin Steak (no fried onion)
BBQ Bacon & Cheddar Chicken
Beef Liver & Onions (no breading)
Grilled Catfish (no tartar sauce)
Applewood Pork Loin
Cowboy Ribeye (no fried onion)

Soups & Salads

- Vegetable Soup
Loaded Baked Potato Soup
White Bean Chicken Chili
Coastal Chicken Salad

Kids' Menu

- Mac & Cheese
Farmburger
Vegetable Platter
Dinner Salad (no croutons)
Chicken & Dumplings
Chicken Tenders (grilled)
Sugar Cured Ham

Sides

Sliced Tomatoes, Pinto Beans, Applesauce, Green Beans, Mashed Potatoes, Dumplings, Turnip Greens, Mac & Cheese, Southern Grits, Corn & Black Bean Salad

Desserts

Vanilla Bean Ice Cream, Apple Cobbler

Breads

Hamburger Bun

Sauces/Dressings

- Gravy: Country, Beef, Turkey
BBQ Sauce
Apple Relish
Balsamic Honey Vinaigrette
Italian Dressing
Teriyaki
Oil & Vinegar
Apple Butter
Lemon Vinaigrette





PEANUT/TREE NUT SENSITIVE

Food To Avoid

We are pleased to provide an abundance of options for our Peanut/ Tree Nut sensitive guests. We do not use any Peanut Oil or Peanuts in this restaurant. Our Tree Nut Sensitive guests may order from any of our regular menu items with the following

EXCEPTIONS:

Breakfast

Savannah Pecan Pancakes – *contains pecans*

Lunch

Pecan Chicken Salad Croissant – *contains pecans*

Salads

Pecan Chicken Salad with Fruit – *contains pecans*

Sides

Nani's Sweet Potato Casserole – *contains pecans*

Desserts

Pecan Pie – *contains pecans*

Apple Spice Cake – *contains pecans*

**** THESE ITEMS CAN BE MADE TO ORDER WITHOUT NUTS****

Coastal Salad – *can be requested without almonds*





FISH/SHELLFISH SENSITIVE

Food To Avoid

We are pleased to provide an abundance of options for our Fish/ Shellfish sensitive guests. Please order from any of our regular menu items with the following

EXCEPTIONS:

**NOTE: Any of our menu items which are fried SHARE A DEEP FRYER WITH FISH (NOT SHELLFISH). The only items which have dedicated, separate fryers are the Apple Fritters and the Fried Chicken. All of our grills and cooking equipment are SHARED and therefore, please order with your best discretion.

Lunch & Dinner

Meatloaf (*Contains Worcestershire with Anchovies*)

Grilled/Fried Catfish

Salmon

